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## **BEFORE GETTING STARTED..**

#### **ABOUT THE ICONS**





WHITE



When preparing recipes from this Recipe Book, use



to select the appropriate course.

#### If the following icons are displayed in a recipe:



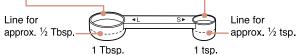
Timer function CANNOT be used.



The color of the bread crust can be changed using the CRUST CONTROL button. (LIGHT/MEDIUM/DARK)

© "1 Tbsp." means 1 tablespoon of an ingredient filled to the brim of the supplied Measuring Spoon (L) and then leveled off. "1 tsp." means 1 teaspoon of an ingredient filled to the brim of the supplied Measuring Spoon (S) and then leveled off.

	measures		
L	approx. 15mL	Sugar	Approx. 12g
	The teaspoon measures	Dry Yeast	Approx. 3g
approx. 5mL		Salt	Approx. 5g



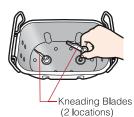
The photos in this Recipe Book are serving suggestions.

**BREAD** ~How to make Basic Bread~

Refer to your Operating Instructions for details on use and maintenance of the product.

Remove the Baking Pan from the Main Body and attach the Kneading Blades to the Rotating Shafts in the Baking Pan.





- $\stackrel{\textstyle >}{\scriptstyle \sim}$  Add the ingredients to the Baking Pan.
  - The ingredients and the order in which they are added to the Baking Pan differ depending on the recipe.





- $oldsymbol{3}$  Add the dry yeast.
  - O Do not allow the yeast to come into contact with water or any liquid.



4 Set the Baking Pan into the Main Body, select the desired course, and press



## **BEFORE GETTING STARTED... (cont.)**

## **How to Measure Ingredients**

## Measure ingredients using a kitchen scale.

- O A kitchen scale measures ingredients accurately for better baking results.
- We recommend using a digital scale (that measures in 0.1g increments).



Follow the recipes in this Recipe Book. Results may not be satisfactory if you deviate from the prescribed ingredients and their amounts.

## If you do not have a kitchen scale:

#### For measuring liquids (such as water):

Use the supplied Liquid Measuring Cup.



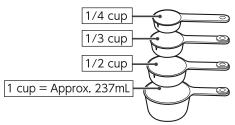
#### For measuring small amounts:

Use the supplied Measuring Spoon. (Can be used for both liquids and dry ingredients.)



#### For measuring dry ingredients (such as flour):

Use the supplied Nested Measuring Cups.



Do not measure dry ingredients using the Liquid Measuring Cup.





#### When using the supplied Nested Measuring Cups:

1 Loosely fill the measuring cup.

② Level off with the back of a knife, etc.



Do not tap.



Do not shake.



Do not scoop directly with the measuring cup.



#### When using the supplied Measuring Spoon:

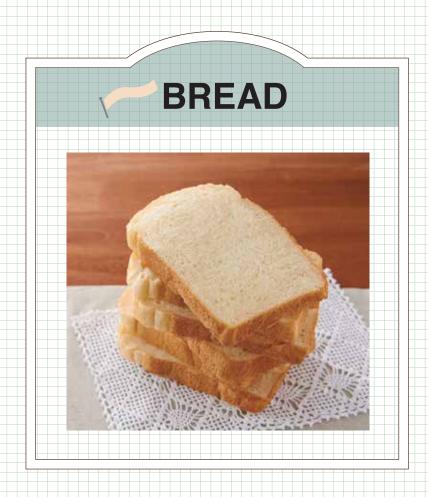
① Scoop a heaping spoonful.

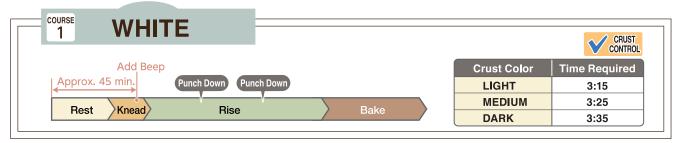


2 Level off with the back of a knife, etc.



◎ If the bread does not bake correctly, refer to P. 37-38 in the Operating Instructions.







## 1 Basic White Bread

1 WHITE		
320g (Approx. 320mL)		Water
553g	4-1/4 cups	Bread Flour
48g	4 Tbsp.	Sugar
8g	2 Tbsp.	Dry Milk
10g	2 tsp.	Salt
35g	2-1/2 Tbsp.	Unsalted Butter
6g	2 tsp.	Rapid Rise Yeast

#### How to Prepare

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.

## 2 Italian Herb Bread

1 WHITE		
320g (Approx. 320mL)		Water
24g	2 Tbsp.	Olive Oil
553g	4-1/4 cups	Bread Flour
36g	3 Tbsp.	Sugar
10g	2 tsp.	Salt
1g	1 tsp.	Dried Basil
6g	2 tsp.	Rapid Rise Yeast

#### How to Prepare

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.

## **3** Honey Bread

1 WHITE		<b>N</b> TIMER
320g (Approx. 320mL)		Water (41°F / 5°C)
60g	3 Tbsp.	Honey
553g	4-1/4 cups	Bread Flour
10g	2 tsp.	Salt
35g	2-1/2 Tbsp.	Unsalted Butter
6g	2 tsp.	Rapid Rise Yeast

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.



## **Raisin Bread**

1 WHITE		<b>TIMER</b>
300g (Approx, 300mL)		Water
520g	4 cups	Bread Flour
36g	3 Tbsp.	Sugar
8g	2 Tbsp.	Dry Milk
10g	2 tsp.	Salt
2g	1 tsp.	Cinnamon
35g	2-1/2 Tbsp.	Unsalted Butter
6g	2 tsp.	Rapid Rise Yeast
Extra Ingredients		
140g	1 cup	Raisins

#### How to Prepare

- 1 Break apart the raisins for Extra Ingredients
- 2 Add the ingredients except **Extra Ingredients** to the Baking Pan in the order listed.
- 3 Press the COURSE button to select the Course No. and press the START button.
- When the Add Beep sounds, add **Extra Ingredients** to the dough.

## 5 Chocolate Bread

1 WHITE		<b>TIMER</b>
320g (Approx, 320mL)		Milk
50g	1	Large Egg (beaten)
545g	4 cups + 3 Tbsp.	Bread Flour
36g	3 Tbsp.	Sugar
10g	2 tsp.	Salt
35g	2-1/2 Tbsp.	Unsalted Butter
10g	2 Tbsp.	Unsweetened Cocoa Powder
6g	2 tsp.	Rapid Rise Yeast
Extra Ingredients		
90g	9 Tbsp.	Chocolate Chips

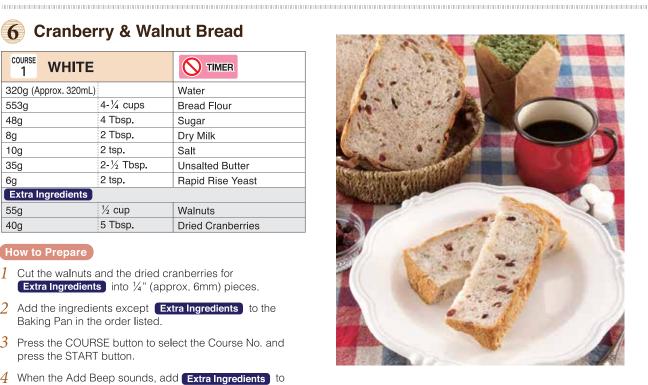
#### How to Prepare

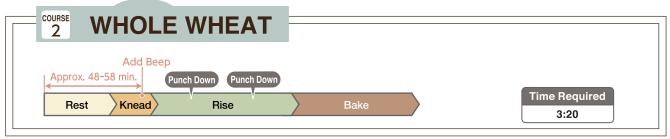
- Add the ingredients except **Extra Ingredients** to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.
- When the Add Beep sounds, add **Extra Ingredients** to the

## 6 Cranberry & Walnut Bread

1 WHITE		<b>N</b> TIMER
320g (Approx. 320mL)		Water
553g	4-1/4 cups	Bread Flour
48g	4 Tbsp.	Sugar
8g	2 Tbsp.	Dry Milk
10g	2 tsp.	Salt
35g	2-1/2 Tbsp.	Unsalted Butter
6g	2 tsp.	Rapid Rise Yeast
Extra Ingredients		
55g	½ cup	Walnuts
40g	5 Tbsp.	Dried Cranberries

- 1 Cut the walnuts and the dried cranberries for Extra Ingredients into 1/4" (approx. 6mm) pieces.
- Add the ingredients except **Extra Ingredients** to the Baking Pan in the order listed.
- Press the COURSE button to select the Course No. and press the START button.
- When the Add Beep sounds, add **Extra Ingredients** to the dough.





## 7 100% Whole Wheat Bread

2 WHOLE WHEAT		
370g (Approx. 370mL)		Water
40g	2 Tbsp.	Honey
553g	4-1/4 cups	Whole Wheat Flour
36g	3 Tbsp.	Sugar
8g	2 Tbsp.	Dry Milk
10g	2 tsp.	Salt
32g	4 Tbsp.	Vital Wheat Gluten
28g	2 Tbsp.	Unsalted Butter
6g	2 tsp.	Rapid Rise Yeast

#### How to Prepare

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.



#### 8 100% Whole Wheat Walnut Bread

course WHOLE	WHEAT	<b>◯</b> TIMER
450g (Approx. 450mL)		Water (41°F / 5°C)
20g	1 Tbsp.	Honey
563g	4-⅓ cups	Whole Wheat Flour
48g	4 Tbsp.	Sugar
8g	2 Tbsp.	Dry Milk
10g	2 tsp.	Salt
32g	4 Tbsp.	Vital Wheat Gluten
28g	2 Tbsp.	Unsalted Butter
6g	2 tsp.	Rapid Rise Yeast
Extra Ingredients		
73g	⅔ cup	Walnuts

## 9 Light Rye Bread

2 WHOLE WHEAT		<b>◯</b> TIMER
330g (Approx. 330mL)		Water (41°F / 5°C)
358g	2-¾ cups	Bread Flour
65g	½ cup	Whole Wheat Flour
130g	1 cup	Rye Flour
24g	2 Tbsp.	Sugar
8g	2 Tbsp.	Dry Milk
10g	2 tsp.	Salt
28g	2 Tbsp.	Unsalted Butter
6g	2 tsp.	Rapid Rise Yeast

#### How to Prepare

- $oldsymbol{1}$  Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.

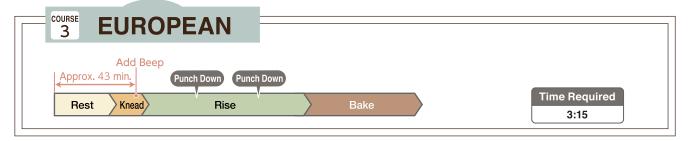
#### How to Prepare

- 1 Cut the walnuts for Extra Ingredients into ¼" (approx. 6mm) pieces.
- 2 Add the ingredients except Extra Ingredients to the Baking Pan in the order listed.
- 3 Press the COURSE button to select the Course No. and press the START button.
- 4 When the Add Beep sounds, add Extra Ingredients to the dough.

## 10 Pumpernickel Bread

2 WHOLE WHEAT		
380g (Approx. 380mL)		Water
2g	2 tsp.	Instant Coffee
10g	2 Tbsp.	Unsweetened Cocoa Powder
24g	2 Tbsp.	Vegetable Oil
40g	2 Tbsp.	Honey
260g	2 cups	Bread Flour
130g	1 cup	Whole Wheat Flour
98g	¾ cup	Rye Flour
35g	4 Tbsp.	Cornmeal
48g	4 Tbsp.	Sugar
10g	2 tsp.	Salt
32g	4 Tbsp.	Vital Wheat Gluten
6g	2 tsp.	Rapid Rise Yeast

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.



## **II** French Bread

EUROPEAN		
320g (Approx. 320ml	.)	Water
553g	4-1/4 cups	Bread Flour
12g	1 Tbsp.	Sugar
12g	3 Tbsp.	Dry Milk
10g	2 tsp.	Salt
3g	1 tsp.	Rapid Rise Yeast

#### How to Prepare

- $1\,$  Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.



The completed loaf may be less satisfactory if the temperature of the dough is too high when using the EUROPEAN course.

timer function is used.

If the room temperature is high (over 77°F / 25°C) Use water chilled in the refrigerator (41°F / 5°C)

● The results may be less satisfactory if the

## 12 Rustic Herb Bread

COURSE EUROPE	EAN	<b>◯</b> TIMER
320g (Approx. 320mL)		Water (41°F / 5°C)
24g	2 Tbsp.	Olive Oil
553g	4-1/4 cups	Bread Flour
12g	1 Tbsp.	Sugar
12g	3 Tbsp.	Dry Milk
10g	2 tsp.	Salt
2g	2 tsp.	Dried Basil
6g	2 tsp.	Rapid Rise Yeast

#### How to Prepare

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.

## **13** Sesame Bread

COURSE 3 EUROPEAN		
320g (Approx. 320mL)		Water
553g	4-1/4 cups	Bread Flour
12g	1 Tbsp.	Sugar
12g	3 Tbsp.	Dry Milk
10g	2 tsp.	Salt
16g	2 Tbsp.	Sesame Seeds
3g	1 tsp.	Rapid Rise Yeast

#### How to Prepare

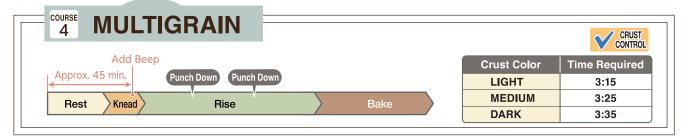
- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.

## **1** Bacon Bread

COURSE EUROPE	EAN	TIMER
360g (Approx. 360mL)		Water (41°F / 5°C)
553g	4-1/4 cups	Bread Flour
12g	1 Tbsp.	Sugar
12g	3 Tbsp.	Dry Milk
10g	2 tsp.	Salt
As needed		Coarse Black Pepper
28g	1.0 oz.	Thick-Sliced Bacon (chopped)
6g	2 tsp.	Rapid Rise Yeast
Extra Ingredients		
57g*	2.0 oz.	Thick-Sliced Bacon (fried and grease drained)

#### \*Measure the weight of the bacon after it has been fried.

- 1 Cut the thick-sliced bacon (fried and grease drained, 57g) for Extra Ingredients into ½" (approx. 1.3cm) wide pieces.
- 2 Add the ingredients except **Extra Ingredients** to the Baking Pan in the order listed.
- 3 Press the COURSE button to select the Course No. and press the START button.
- 4 When the Add Beep sounds, add Extra Ingredients to the dough.



## 15 7 Grain Bread

4 MULTIGRAIN		
310g (Approx. 310mL)		Water
228g	1-3/4 cups	Whole Wheat Flour
217g	1-⅔ cups	Bread Flour
100g	⅔ cup	7 Grain Cereal
36g	3 Tbsp.	Sugar
10g	2 tsp.	Salt
28g	2 Tbsp.	Unsalted Butter
6g	2 tsp.	Rapid Rise Yeast

#### How to Prepare

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.

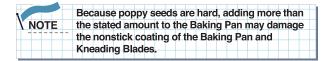


## 16 12 Grain Bread

4 MULTIGRAIN		<b>N</b> TIMER
330g (Approx. 330mL)		Water (41°F / 5°C)
16g	2 Tbsp.	Sunflower Seeds
130g	1 cup	Whole Wheat Flour
293g	2-1/4 cups	Bread Flour
75g	½ cup	10 Grain Cereal
65g	½ cup	Rye Flour
36g	3 Tbsp.	Sugar
10g	2 tsp.	Salt
28g	2 Tbsp.	Unsalted Butter
6g	2 tsp.	Poppy Seeds
As needed		Tarragon (to taste)
6g	2 tsp.	Rapid Rise Yeast

#### How to Prepare

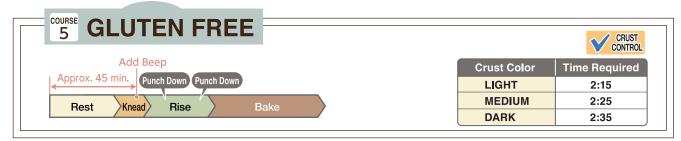
- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.



## **Multigrain Raisin Bread**

4 MULTIG	RAIN	<b>N</b> TIMER
320g (Approx. 320mL)		Water
195g	1-1/2 cups	Whole Wheat Flour
293g	2-1/4 cups	Bread Flour
33g	4 Tbsp.	Teff Flour
48g	4 Tbsp.	Sugar
10g	2 tsp.	Salt
28g	2 Tbsp.	Unsalted Butter
4g	2 tsp.	Cinnamon
6g	2 tsp.	Rapid Rise Yeast
Extra Ingredients		
47g	⅓ cup	Raisins

- 1 Add the ingredients except Extra Ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.
- 3 When the Add Beep sounds, add Extra Ingredients to the dough.



## **18** Gluten Free Brown Rice Bread

GLUTEN	FREE	<b>N</b> TIMER
360g (Approx. 360mL)		Milk
150g	3	Large Eggs (beaten)
15g (Approx. 15mL)	1 Tbsp.	Apple Cider Vinegar*
36g	3 Tbsp.	Vegetable Oil
60g	3 Tbsp.	Honey
320g	2 cups	Potato Starch
228g	1-¾ cups	Brown Rice Flour A
8g	1 Tbsp.	Xanthan Gum
7.5g	1-1/2 tsp.	Salt
9g	3 tsp.	Active Dry Yeast

<sup>\*</sup>If the contents have settled, shake the bottle before using.



#### **How to Prepare**

- 1 Put (A) in a bowl and mix well.
- 2 Add the ingredients to the Baking Pan in the order listed.
- 3 Press the COURSE button to select the Course No. and press the START button.
- 4 When the Add Beep sounds, thoroughly scrape down the flour and other ingredients from the sides of the Baking Pan to the bottom using a rubber spatula.

## Gluten Free Italian Herb Bread

GLUTEN	N FREE	<b>◯</b> TIMER
360g (Approx. 360mL	)	Milk
150g	3	Large Eggs (beaten)
15g (Approx. 15mL)	1 Tbsp.	Apple Cider Vinegar*
36g	3 Tbsp.	Vegetable Oil
60g	3 Tbsp.	Honey
320g	2 cups	Potato Starch
228g	1-3/4 cups	Brown Rice Flour
8g	1 Tbsp.	Xanthan Gum
1g	1 tsp.	Dried Basil
7.5g	1-½ tsp.	Salt
9g	3 tsp.	Active Dry Yeast

<sup>\*</sup>If the contents have settled, shake the bottle before using.

#### How to Prepare

- 1 Put (A) in a bowl and mix well.
- 2 Add the ingredients to the Baking Pan in the order listed.
- 3 Press the COURSE button to select the Course No. and press the START button.
- 4 When the Add Beep sounds, thoroughly scrape down the flour and other ingredients from the sides of the Baking Pan to the bottom using a rubber spatula.

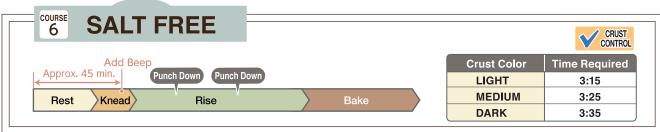
## 20 Gluten Free Raisin Bread

GLUTEN	FREE	<b>TIMER</b>	
400g (Approx. 400mL)		Milk	
150g	3	Large Eggs (beaten)	
15g (Approx. 15mL)	1 Tbsp.	Apple Cider Vinegar*	
36g	3 Tbsp.	Vegetable Oil	
60g	3 Tbsp.	Honey	
320g	2 cups	Potato Starch	
228g	1-3/4 cups	Brown Rice Flour	)
8g	1 Tbsp.	Xanthan Gum	·)—
2g	1 tsp.	Cinnamon	
7.5g	1-1/2 tsp.	Salt	
9g	3 tsp.	Active Dry Yeast	
Extra Ingredients			
70g	½ cup	Raisins	

<sup>\*</sup>If the contents have settled, shake the bottle before using.

- 1 Put (A) in a bowl and mix well.
- 2 Cut the raisins for Extra Ingredients
- 3 Add the ingredients except Extra Ingredients to the Baking Pan in the order listed.
- 4 Press the COURSE button to select the Course No. and press the START button.
- When the Add Beep sounds, thoroughly scrape down the flour and other ingredients from the sides of the Baking Pan to the bottom using a rubber spatula.
  - Add **Extra Ingredients** to the dough.





## 21 Salt Free White Bread

SALT FREE		
320g (Approx. 320mL)		Water
15g (Approx. 15mL)	1 Tbsp.	Apple Cider Vinegar*
545g	4 cups + 3 Tbsp.	Bread Flour
42g	3-1/2 Tbsp.	Sugar
12g	3 Tbsp.	Dry Milk
35g	2-1/2 Tbsp.	Unsalted Butter
3g	1 tsp.	Rapid Rise Yeast

<sup>\*</sup>If the contents have settled, shake the bottle before using.

#### How to Prepare

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.

The completed loaf may be less satisfactory if the temperature of the dough is too high when using the SALT FREE course.

If the room temperature is high (over 77°F / 25°C)

- Use water chilled in the refrigerator (41°F / 5°C)
- The results may be less satisfactory if the timer function is used.

## 22 Salt Free Whole Wheat Bread

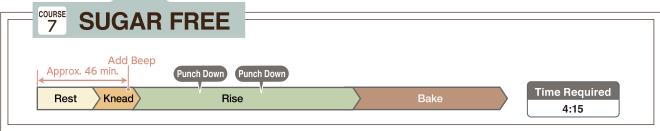
SALT FREE		<b>◯</b> TIMER
400g (Approx. 400mL)		Water (41°F / 5°C)
15g (Approx. 15mL)	1 Tbsp.	Apple Cider Vinegar*
553g	4-1/4 cups	Whole Wheat Flour
42g	3-1/2 Tbsp.	Sugar
12g	3 Tbsp.	Dry Milk
16g	2 Tbsp.	Vital Wheat Gluten
35g	2-1/2 Tbsp.	Unsalted Butter
3g	1 tsp.	Rapid Rise Yeast

<sup>\*</sup>If the contents have settled, shake the bottle before using.

#### How to Prepare

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.





## Sugar Free White Bread

course 7	SUGAR	FREE	
320g (/	Approx. 320mL)		Water
545g		4 cups + 3 Tbsp.	Bread Flour
12g		3 Tbsp.	Dry Milk
7.5g		1-1/2 tsp.	Salt
28g		2 Tbsp.	Unsalted Butter
3q		1 tsp.	Rapid Rise Yeast

#### How to Prepare

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.

The completed loaf may be less satisfactory if the temperature of the dough is too high when using the SUGAR FREE course.

If the room temperature is high (over 77°F / 25°C) Use water chilled in the refrigerator (41°F / 5°C)

The results may be less satisfactory if the timer function is used.

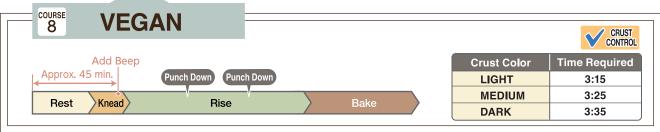
## 24 Sugar Free Whole Wheat Bread

7 SUGAR	FREE	<b>◯</b> TIMER
360g (Approx. 360mL)		Water (41°F / 5°C)
553g	4-1/4 cups	Whole Wheat Flour
12g	3 Tbsp.	Dry Milk
7.5g	1-1/2 tsp.	Salt
16g	2 Tbsp.	Vital Wheat Gluten
28g	2 Tbsp.	Unsalted Butter
3g	1 tsp.	Rapid Rise Yeast

#### How to Prepare

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.





## 25 Vegan White Bread

8 VEGAN		<b>N</b> TIMER
160g (Approx. 160mL)		Water
160g (Approx. 160mL)		Unsweetened Almond Milk
24g	2 Tbsp.	Olive Oil
545g	4 cups + 3 Tbsp.	Bread Flour
36g	3 Tbsp.	Sugar
10g	2 tsp.	Salt
4.5g	1-1/2 tsp.	Rapid Rise Yeast

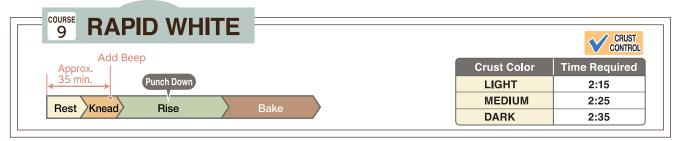
#### How to Prepare

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.

## **26** Vegan Whole Wheat Bread

course VEGAN		<b>◯</b> TIMER
210g (Approx. 210mL)		Water
160g (Approx. 160mL)		Unsweetened Almond Milk
24g	2 Tbsp.	Olive Oil
553g	4-1/4 cups	Whole Wheat Flour
48g	4 Tbsp.	Sugar
10g	2 tsp.	Salt
24g	3 Tbsp.	Vital Wheat Gluten
6g	2 tsp.	Rapid Rise Yeast

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.



## 27 Rapid Basic White Bread

9 RAPID W	/HITE	<b>N</b> TIMER
320g (Approx. 320mL)		Water
553g	4-1/4 cups	Bread Flour
48g	4 Tbsp.	Sugar
8g	2 Tbsp.	Dry Milk
10g	2 tsp.	Salt
35g	2-1/2 Tbsp.	Unsalted Butter
7.5g	2-1/2 tsp.	Rapid Rise Yeast

#### How to Prepare

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.



## 28 Rapid Italian Herb Bread

9 RAPID WHITE		<b>○</b> TIMER
320g (Approx. 320mL)		Water
24g	2 Tbsp.	Olive Oil
545g	4 cups + 3 Tbsp.	Bread Flour
48g	4 Tbsp.	Sugar
8g	2 Tbsp.	Dry Milk
10g	2 tsp.	Salt
2g	2 tsp.	Dried Basil
7.5g	2-½ tsp.	Rapid Rise Yeast

#### How to Prepare

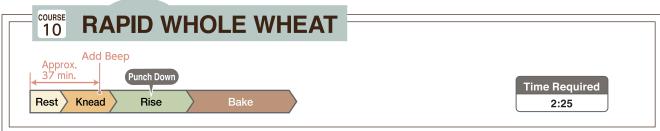
- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.

## 29 Rapid Raisin Bread

9 RAPID W	/HITE	<b>◯</b> TIMER
320g (Approx. 320mL)		Water
545g	4 cups + 3 Tbsp.	Bread Flour
48g	4 Tbsp.	Sugar
8g	2 Tbsp.	Dry Milk
10g	2 tsp.	Salt
2g	1 tsp.	Cinnamon
35g	2-1/2 Tbsp.	Unsalted Butter
7.5g	2-1/2 tsp.	Rapid Rise Yeast
Extra Ingredients		
93g	⅔ cup	Raisins

- 1 Break apart the raisins for Extra Ingredients
- 2 Add the ingredients except Extra Ingredients to the Baking Pan in the order listed.
- 3 Press the COURSE button to select the Course No. and press the START button.
- 4 When the Add Beep sounds, add Extra Ingredients to the dough.





## 30 Rapid 100% Whole Wheat Bread

10 RAPID WHOI	LE WHEAT	<b>TIMER</b>
380g (Approx. 380mL)		Water
40g	2 Tbsp.	Honey
553g	4-1/4 cups	Whole Wheat Flour
36g	3 Tbsp.	Sugar
8g	2 Tbsp.	Dry Milk
10g	2 tsp.	Salt
32g	4 Tbsp.	Vital Wheat Gluten
28g	2 Tbsp.	Unsalted Butter
7.5g	2-1/2 tsp.	Rapid Rise Yeast

#### How to Prepare

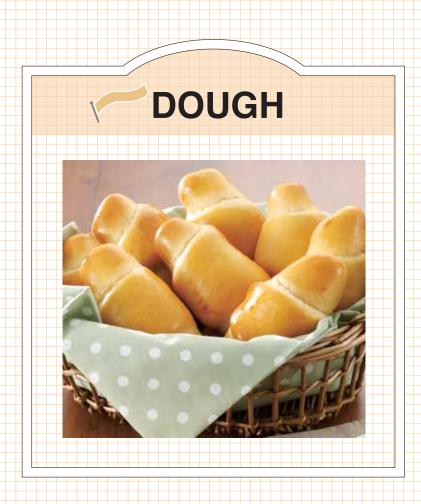
- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.

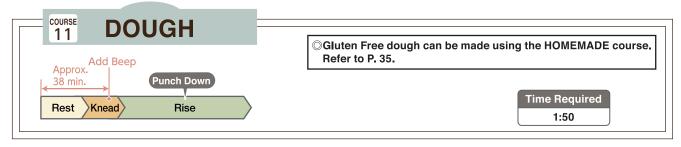
## 31 Rapid Light Rye Bread

10 RAPID WHOLE WHEAT		<b>TIMER</b>
330g (Approx. 330mL)		Water
455g	3-1/2 cups	Bread Flour
87g	⅔ cup	Rye Flour
24g	2 Tbsp.	Sugar
8g	2 Tbsp.	Dry Milk
10g	2 tsp.	Salt
28g	2 Tbsp.	Unsalted Butter
7.5g	2-1/2 tsp.	Rapid Rise Yeast

#### How to Prepare

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.

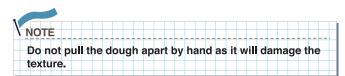




## 32 Butter Rolls

(Makes 20)

11 DOUGH		<b>◯</b> TIMER
210g (Approx. 210mL)		Milk
50g	1	Large Egg (beaten)
433g	3-⅓ cups	Bread Flour
42g	3-1/2 Tbsp.	Sugar
5g	1 tsp.	Salt
57g	2.0 oz.	Unsalted Butter
3g	1 tsp.	Rapid Rise Yeast
Egg Glaze		
50g	1	Large Egg (beaten) Mixed
15g (Approx. 15mL)	1 Tbsp.	Water



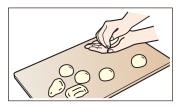


#### How to Prepare

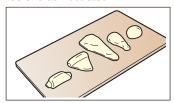
- 1 Add the ingredients except Egg Glaze to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.
- 3 Remove the dough from the Baking Pan. Divide the dough into 20 equal pieces.



4 Shape the dough from Step 3 into smooth balls. Cover with a cloth and allow to rest for about 20 minutes.



5 Roll the dough into a cone shape, then flatten into triangles using a rolling pin. Roll each triangle starting from the wide end as illustrated.



6 Place the dough seam-side down on a baking tray lined with parchment paper. Spray the dough with water and allow to rise in a warm place (95°F / 35°C) for about 30 minutes or until size doubles.



7 Brush with Egg Glaze and bake in an oven preheated to 350°F (177°C) for about 15 minutes.



#### Makes 8 ring doughnuts 33 Doughnuts and 5 twist doughnuts COURSE **DOUGH** ( TIMER 11 Butter Roll Dough 1 preparation As needed Cooking Oil Topping Granulated Sugar As needed As needed Powdered Sugar

#### How to Prepare

- Prepare butter roll dough. Refer to P. 18 for "Ingredients List" and "How to Prepare".
- 2 Remove the dough from the Baking Pan. Divide the dough into 2 equal pieces. Shape half of the dough into a ball to make ring doughnuts. Cut the other half into 5 equal pieces and shape into balls to make twist doughnuts. Cover the dough with a cloth and allow it to rest for about 20 minutes.
- 3 Roll out the ring doughnut dough using a rolling pin until it is ½" (approx. 1.3cm) thick, and cut out doughnut shapes.



4 Roll the twist doughnut dough into a cylinder 12" (approx. 30cm) long, twist it into a rope-like shape and press the ends together.



- 5 Place the dough from Steps 3 and 4 on a baking tray lined with parchment paper. Spray the dough with water and allow to rise in a warm place (95°F / 35°C) for about 30 minutes or until size doubles.
- 6 Heat the cooking oil in a large pot to 350°F (177°C). Add the dough from Step 5, and cook to a golden brown while turning occasionally.
- Dust with granulated sugar while hot, or allow to cool slightly before dusting with powdered sugar.



Melt coating chocolate over a pan of hot water and spread it over the top of the doughnuts to make chocolate doughnuts.





## 34 Breadsticks

(Makes 40)

11 DOUGH		<b>N</b> TIMER
210g (Approx. 210mL)		Milk
50g	1	Large Egg (beaten)
433g	3-1/₃ cups	Bread Flour
48g	4 Tbsp.	Sugar
10g	2 tsp.	Salt
35g	2-1/2 Tbsp.	Unsalted Butter
6g	2 tsp.	Rapid Rise Yeast
Topping		
As needed		Grated Parmesan Cheese

- 1 Add the ingredients except **Topping** to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.
- 3 Remove the dough from the Baking Pan. Divide the dough into 4 equal pieces and roll them out using a rolling pin into a 7" x 5" (approx. 18cm x 13cm) rectangle. Cover with a cloth and allow to rest for about 20 minutes.
- 4 Cut the dough into 1/2" (approx. 1.3cm) pieces with a kitchen knife, then use both hands to roll the pieces into ropes 12" (approx. 30cm) long on working surface.
  - Roll out the remaining dough in the same manner. (Make 40 ropes.)



- 5 Place the dough from Step 4 on a baking tray lined with parchment paper. Brush water or egg whites (not listed in ingredients) on the surface of the dough, and then top with grated parmesan cheese.
- 6 Bake in an oven preheated to 375°F (191°C) for about 12 minutes.



## 35 Bagels

(Makes 10)

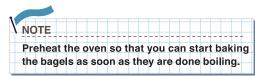
11 DOUGH		<b>N</b> TIMER	
300g (Approx. 300mL)	1	Water	
488g	3-3/4 cups	Bread Flour	
24g	2 Tbsp.	Sugar	
5g	1 tsp.	Salt	
3g	1 tsp.	Rapid Rise Yeast	
Kettling			
As needed	1	Boiling Water	
20g	1 Tbsp.	Honey	
Topping			
As needed	1	Cream Cheese	

#### How to Prepare

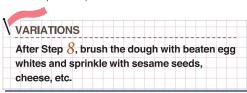
- Add the ingredients except Kettling and Topping to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.
- 3 Remove the dough from the Baking Pan. Divide the dough into 10 equal pieces and shape into balls. Cover with a cloth and allow to rest for about 20 minutes.
- 4 Poke your finger through the centers of the dough from Step 3 to make holes. Move your finger around to gradually widen the holes, forming the dough into doughnut shapes.



- 5 Cut a sheet of parchment paper into 5" (approx. 13cm) squares (10 sheets), place on a baking tray, and place the dough from Step 4 onto each parchment paper. Spray the dough with water and allow to rise in a warm place (95°F / 35°C) for about 20 minutes or until size doubles.
- 6 Bring the water for boiling to a boil in a pot (approx. 68 oz. / 2.0L). Dissolve the honey in the boiling water. Adjust the heat setting to the point at which bubbles slowly rise from the bottom of the pot. (Approximate water temperature is 200°F / 93°C.)
- 7 Add the dough from Step 5 along with the parchment paper into the pot, 2-3 dough at a time, and boil for 30 seconds per side. (The parchment paper will peel off naturally in the pot.)
- 8 Drain the dough from Step 7 well and place them on a baking tray lined with parchment paper.
- 9 Bake in an oven preheated to 375°F (191°C) for about 17 minutes.



10 When the bagels are done baking, slice them in half horizontally and spread the cream cheese (warmed to room temperature) on them.



## **36** Traditional Pizza Dough

(Thin-Crust Pizza: Makes enough for 4 pizzas 11" (approx. 28cm) in diameter Thick-Crust Pizza: Makes enough for 2 pizzas 11" (approx. 28cm) in diameter

DOUGH		<b>N</b> TIMER
300g (Approx. 300mL)		Water
18g	1-1/2 Tbsp.	Olive Oil
488g	3-3/4 cups	Bread Flour
18g	1-1/2 Tbsp.	Sugar
5g	1 tsp.	Salt
3g	1 tsp.	Rapid Rise Yeast

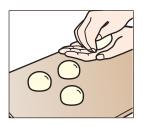
#### How to Prepare

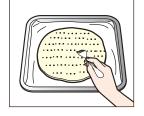
- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.

## **Thin-Crust Pizza**

#### How to Prepare

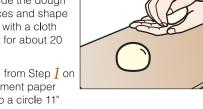
- 1 Remove the dough from the Baking Pan. Divide the dough into 4 equal pieces and shape into balls. Cover with a cloth and allow to rest for about 10 minutes.
- 2 Place the dough from Step 1 on a sheet of parchment paper and roll it out into a circle 11" (approx. 28cm) in diameter with a rolling pin. (Roll out the remaining dough in the same manner.)
- 3 Transfer the dough to a baking tray with the parchment paper, and use a fork to make holes.
- 4 Spoon tomato or pizza sauce over dough, top with cheese and topping of your choice.
- 5 Bake in an oven preheated to 400°F (204°C) for about 15 minutes.

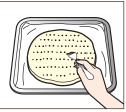




## **Thick-Crust Pizza**

- 1 Remove the dough from the Baking Pan. Divide the dough into 2 equal pieces and shape into balls. Cover with a cloth and allow to rest for about 20 minutes.
- Place the dough from Step 1 on a sheet of parchment paper and roll it out into a circle 11" (approx. 28cm) in diameter with a rolling pin. (Roll out the remaining dough in the same manner.)
- 3 Transfer the dough to a baking tray with the parchment paper, and use a fork to make holes.
- 4 Spoon tomato or pizza sauce over dough, top with cheese and topping of your choice.
- 5 Bake in an oven preheated to 400°F (204°C) for about 15 minutes.









## **Margherita Pizza**

Ingredients (Makes 1)		
1		Thick-Crust Pizza Dough
96g	6 Tbsp.	Tomato Sauce
114g	4.0 oz.	Fresh Mozzarella Cheese
5-7		Cherry Tomatoes
5		Basil Leaves

#### NOTE

This is also delicious when prepared using Thin-Crust Pizza dough.

(Refer to P. 22 for "Ingredients List" and "How to Prepare" for "Thin-Crust Pizza".)

#### How to Prepare

- 1 Prepare pizza dough and tomato sauce (see below). (Refer to P. 22 for "Ingredients List" and "How to Prepare".)
- 2 Cut the mozzarella cheese into  $\frac{1}{4}$  (approx. 6mm) thick slices.
- 3 Remove the stem from the cherry tomatoes and slice them into rounds.
- 4 Spoon tomato sauce over dough, and top with the ingredients from Step 2 and Step 3.
- 5 Bake in an oven preheated to 400°F (204°C) for about 15 minutes.
- 6 After removing from the oven, scatter the basil leaves on the pizza.

## **Tomato Sauce**

Ingredients (Makes 4)		
320g	1-⅓ cups	Tomato Puree
96g	6 Tbsp.	Tomato Ketchup
To taste		Salt and Pepper



#### How to Prepare

Combine all of the ingredients and mix them well.

## OTHER

# Rest Knead Rise Time Required 2:10

		How to Prepare
SOURDOUGH 12 STARTER	<b>N</b> TIMER	1 Add the ingredients to the Baking Pan in the order listed.
360g (Approx. 360mL)	Water	2 Press the COURSE button to select the Course No. and
260g 2 cups	Bread Flour	press the START button.
6g 2 tsp.	Active Dry Yeast	
		NOTE  Promptly make Light Sourdough Bread after you have made the Sourdough Starter.

## 37 Light Sourdough Bread

1 WHITE		<b>TIMER</b>
Additional Ingredients		
38g (Approx. 38mL)	2-1/2 Tbsp.	Apple Cider Vinegar*
23g (Approx. 23mL)	1-1/2 Tbsp.	Lemon Juice
390g	3 cups	Bread Flour
24g	2 Tbsp.	Sugar
7.5g	1-1/2 tsp.	Salt
6g	2 tsp.	Active Dry Yeast

\*If the contents have settled, shake the bottle before using.

- 1 Add Additional Ingredients in the order listed to the Baking Pan which contains the Sourdough Starter.
- 2 Press the COURSE button to select the Course 1 (WHITE course) and press the START button.





Crust Color	Time Required
LIGHT	1:40
MEDIUM	1:50
DARK	2:00



## 38 Pound Cake

13 CAKE		<b>◯</b> TIMER
150g	3	Large Eggs (beaten)
80g (Approx. 80mL)		Milk
114g	4.0 oz.	Unsalted Butter
5g (Approx. 5mL)	1 tsp.	Vanilla Extract
206g	1 cup	Sugar
260g	2 cups	All Purpose Flour
10.5g	3-½ tsp.	Baking Powder

#### How to Prepare

- 1 Melt the unsalted butter and allow it to cool to room temperature.
- 2 Sift ingredients from (A) together.
- 3 Add the ingredients to the Baking Pan in the order listed.
- 4 Press the COURSE button to select the Course No. and press the START button.
- 5 When the Add Beep sounds, thoroughly scrape down the flour and other ingredients from the sides of the Baking Pan to the bottom using a rubber spatula. Press the START button again.



## 39 Tea Cake

13 CAKE		<b>N</b> TIMER
150g	3	Large Eggs (beaten)
80g (Approx. 80mL)		Milk
114g	4.0 oz.	Unsalted Butter
5g (Approx. 5mL)	1 tsp.	Vanilla Extract
206g	1 cup	Sugar
260g	2 cups	All Purpose Flour
10.5g	3-1/2 tsp.	Baking Powder
12g	3 Tbsp.	Tea Leaves (Earl Grey: fine)

#### How to Prepare

- 1 Melt the unsalted butter and allow it to cool to room temperature.
- 2 Sift ingredients from  $ilde{\mathbb{A}}$  together, then add the tea leaves and mix gently.
- 3 Refer to "How to Prepare" Steps 3 to 5 for "Pound Cake" above.

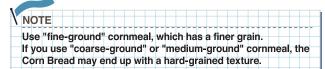


## 40 Corn Bread

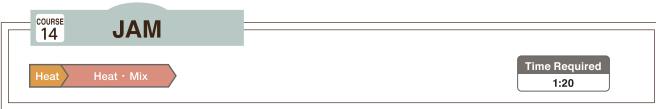
13 CAKE		<b>TIMER</b>
150g	3	Large Eggs (beaten)
80g (Approx. 80mL)		Milk
85g	3.0 oz.	Unsalted Butter
5g (Approx. 5mL)	1 tsp.	Vanilla Extract
206g	1 cup	Sugar
130g	1 cup	All Purpose Flour
10.5g	3-1⁄₂ tsp.	Baking Powder
140g	1 cup	Cornmeal (fine-ground)

#### How to Prepare

- 1 Melt the unsalted butter and allow it to cool to room temperature.
- 2 Sift ingredients from (A) together, then add the cornmeal and
- 3 Refer to "How to Prepare" Steps 3 to 5 for "Pound Cake" above.







## 41 Strawberry Jam

COURSE 14 JAM	TIMER
300g 3 cups	Strawberries* (net weight)
137g <sup>2</sup> / <sub>3</sub> cup	Sugar
15g (Approx. 15mL) 1 Tbsp	Lemon Juice

<sup>\*</sup>Remove the stem, quarter or halve the strawberries, then lightly mash before adding to the Baking Pan.

#### How to Prepare

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No. and press the START button.

## TIPS

- OAfter washing the fruit, wipe off all excess moisture.
- To store: Place in a clean container and store in the refrigerator. Consume within one week.
- The finished jam or marmalade may be thinner than jam found in stores. For a thicker jam, add pectin with the other ingredients.

#### What is pectin?

Pectin is a type of sugar contained in fruits that jells the jam (adds thickness).

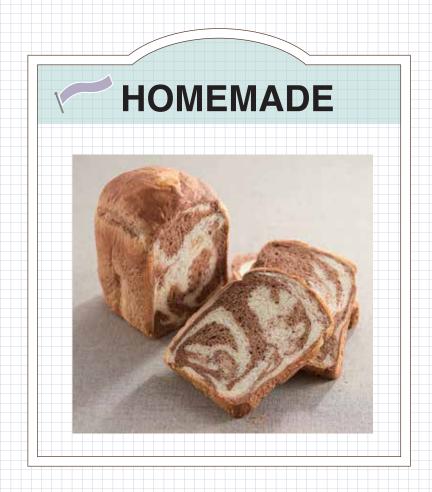
## **42** Orange Marmalade

14 JAM		<b>◯</b> TIMER
300g	Approx. 2	Oranges*
137g	⅔ cup	Sugar
15g (Approx. 15mL)	1 Tbsp.	Lemon Juice
8g (Approx. 8mL)	½ Tbsp.	Brandy

<sup>\*</sup>The 300g of orange should include the rind (thinly sliced) and pulp (removed from the outer membrane).

- 1 Wash the orange thoroughly and peel the rind. Cut the rind into thin slices.
- 2 Add the ingredients from Step 1 and enough water to cover them to a pot, and bring to a boil. Drain off the juices. Repeat 3 times.
- 3 Remove the pulp from the the outer membrane, then divide the pulp into 2 to 3 portions each.
- 4 Add the ingredients to the Baking Pan in the order listed.
- 5 Press the COURSE button to select the Course No. and press the START button.



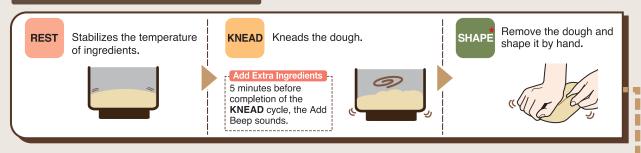


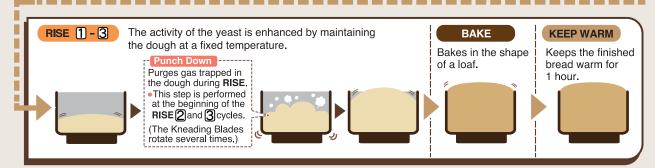
## **OVERVIEW OF THE HOMEMADE COURSE**

Refer to P. 28-33 of the Operating Instructions for detailed instructions.

The HOMEMADE course lets you customize the KNEAD, RISE and BAKE time, allowing you to create your own special bread loaves, and add manual procedures when making special breads. You can set up to 3 Homemade Memory settings (1, 2, 3).

#### **About the HOMEMADE Course**





## ■ About Each Cycle

	Min and Max Time
REST	OFF or 1 – 30 min.
KNEAD	OFF or 5 – 30 min.
SHAPE	OFF or 1 hr.
RISE 1	OFF or 1 min. – 12 hrs.
RISE 2	OFF or 1 min. – 2 hrs.
RISE 3	OFF or 1 min. – 2 hrs.
BAKE	OFF or 1 min. – 1 hr. 30 min.
KEEP WARM	OFF or 1 hr.

#### \*SHAPE

When the **SHAPE** cycle is turned on, the bread-making operation is temporarily interrupted after kneading has completed, allowing you to remove the dough from the Baking Pan and shape it before rising.

When shaping is completed, return the dough to the Baking Pan, and press the **START** button again. The remaining cycles (**RISE** to **BAKE**) already programmed are performed automatically.

To shape the dough by hand, set SHAPE cycle to "1:00".

1:00 ······ SHAPE cycle ON <OFF ······ SHAPE cycle OFF

The product will automatically resume operation after 1 hour.

If you are not going to shape the dough by hand, set the SHAPE cycle to "OFF".

#### **Guidelines for Cycle Time Adjustment**

 Changing the time for each cycle allows you to change baking results.

Decrease the time	Cycle	Increase the time
	REST	When you want to stabilize the temperature of ingredients
When you want a shorter bread When bread is rising too much due to high room or water temperatures	KNEAD	When you want to increase the rise of bread When the room or water temperature is low and the bread does not rise well
When you want a shorter bread When bread is rising too much due to high room or water temperatures	RISE 11-3	When you want to increase the rise of bread When the room or water temperature is low and the bread does not rise well
● When you want bread with a lighter crust color	BAKE	When you want bread with a darker crust color

This table is intended only as a guideline to help you adjust the cycle times. How a loaf of bread bakes varies depending on the ingredients used and their amounts, and room and water temperatures.

## MAKING BREAD USING THE HOMEMADE COURSE

#### How to Prepare

- $oldsymbol{1}$  Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No.
- 3 Set Suggested Cycle Times using the CYCLE button and the TIME SETTING button, and press the START button.
  - ○Using the cycle times below as a reference, set the desired times.

#### **Basic White Bread**

15 HOMEM	IADE	
320g (Approx. 320mL)		Water
553g	4-1/4 cups	Bread Flour
48g	4 Tbsp.	Sugar
8g	2 Tbsp.	Dry Milk
10g	2 tsp.	Salt
35g	2-1/2 Tbsp.	Unsalted Butter
6g	2 tsp.	Rapid Rise Yeast



#### **HOMEMADE** Suggested Cycle Times

CYCLE	REST	KNEAD	SHAPE	RISE 1	RISE 2	RISE 3	BAKE	KEEP WARM	TOTAL
Basic White Bread	0:30	0:20	OFF	0:35	0:20	0:40	1:00	OFF	3:25

## MAKING BREAD DOUGH USING THE HOMEMADE COURSE

(Makes 20)

#### How to Prepare

- 1 Add the ingredients except Egg Glaze to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No.
- 3 Set Suggested Cycle Times using the CYCLE button and the TIME SETTING button, and press the START button.
  - OUsing the cycle times below as a reference, set the desired times.

For the rest of the procedure, refer to steps 3-7 of "Butter Rolls" (P. 18).

Water

#### **Butter Rolls**

15 HOMEN	IADE	<b>◯</b> TIMER			
210g (Approx. 210mL	)	Milk			
50g	1	Large Egg (beaten)			
433g	3-1⁄₃ cups	Bread Flour			
42g	3-1/2 Tbsp.	Sugar			
5g	1 tsp.	Salt			
57g	2.0 oz.	Unsalted Butter			
3g	1 tsp.	Rapid Rise Yeast			
Egg Glaze					
50g	1	Large Egg (beaten) Mixed			
45 (4 45 1)	·	IVIIXEU			



#### **HOMEMADE** Suggested Cycle Times

15g (Approx. 15mL) 1 Tbsp.

CYCLE	REST	KNEAD	SHAPE	RISE 1	RISE 2	RISE 3	BAKE	KEEP WARM	TOTAL
Butter Rolls	0:23	0:20	OFF	0:45	0:22	0:00	0:00	OFF	1:50

## 43 Cinnamon Roll Bread

#### Suggested Cycle Times

	REST	KNEAD	SHAPE	RISE 1	RISE 2	RISE 3	BAKE	KEEP WARM	TOTAL
l	0:00	0:20	(1:00)	0:45	0:25	0:55	0:55	OFF	3:20

15 HOMEM	IADE	<b>◯</b> TIMER			
240g (Approx. 240mL)		Milk			
100g	2	Large Eggs (beaten)			
553g	4-1/4 cups	Bread Flour			
48g	4 Tbsp.	Sugar			
10g	2 tsp.	Salt			
35g	2-1/2 Tbsp.	Unsalted Butter			
6g	2 tsp.	Rapid Rise Yeast			
Sprinkling Flour					
As needed		Bread Flour			
Topping					
As needed		Milk			
60g	5 Tbsp.	Sugar A			
2g	1 tsp.	Cinnamon			
Icing					
55g	½ cup	Powdered Sugar			
10g (Approx. 10mL)	2 tsp.	Water			

#### How to Prepare

- Add the ingredients except **Sprinkling Flour** through **Icing** to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No.
- 3 Set Suggested Cycle Times using the CYCLE button and the TIME SETTING button, and press the START button.
  - OSet the SHAPE cycle to "1:00".
- 4 When the SHAPE Beep sounds, remove the dough from the Baking Pan. Sprinkle working surface with flour, and shape the dough into a ball. Cover with a cloth and allow to rest for about 30 minutes.

- 5 Sprinkle working surface with flour, and use a rolling pin to roll out the dough from Step 4 into a 12" x 12" (approx. 30cm x 30cm) square.
  Brush with the milk for Topping on ¾ of the dough from the near end, and sprinkle the ingredients from (A).
- 6 Roll the dough from Step 5 from the near end, seal the end firmly.



7 Cut the dough from Step 6 into 10 equal pieces.



- 8 Remove the Kneading Blades, and place the dough from Step 7 randomly in the Baking Pan. Press the START button again.
  - OBe sure to remove the Kneading Blades.



9 Mix the ingredients in lcing . Allow the Cinnamon Roll Bread to cool slightly then decorate with icing. (Use of a pastry bag with a narrow tip will produce a nicer finish.)





#### Suggested Cycle Times

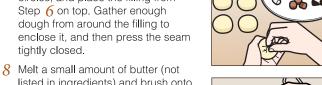
REST	KNEAD	SHAPE	RISE 1	RISE 2	RISE 3	BAKE	KEEP WARM	TOTAL
0:00	0:20	(1:00)	0:20	0:10	0:45	0:40	OFF	2:15

15 HOMEM	ADE	<b>N</b> TIMER
160g (Approx.160mL)		Water
260g	2 cups	Bread Flour
18g	1-1/2 Tbsp.	Sugar
4g	1 Tbsp.	Dry Milk
5g	1 tsp.	Salt
14g	1 Tbsp.	Unsalted Butter
3g	1 tsp.	Rapid Rise Yeast
Sprinkling Flour		
As needed		Bread Flour
Extra Ingredients		
45g	1.6 oz.	Sausage
42g	1.5 oz.	Chocolate Bar
35g	1.2 oz.	Cream Cheese

#### How to Prepare

- 1 Add the ingredients except Sprinkling Flour and **Extra Ingredients** to the Baking Pan in the order listed.
- Press the COURSE button to select the Course No.
- 3 Set Suggested Cycle Times using the CYCLE button and the TIME SETTING button, and press the START button. OSet the SHAPE cycle to "1:00".
- 4 When the SHAPE Beep sounds, remove the dough from the Baking Pan. Sprinkle working surface with flour, and shape the dough into a ball. Cover with a cloth and allow to rest for about 10 minutes.
- 5 Sprinkle working surface with flour, and divide the dough into 15 equal pieces and shape into balls. Cover with a cloth and allow to rest for about 10 minutes.

- 6 Divide each filling ingredient into 5 equal portions. (For 3 types of fillings, 15 portions total are needed.)
- 7 Flatten the dough from Step 5 into circles, and place the filling from Step 6 on top. Gather enough dough from around the filling to enclose it, and then press the seam tightly closed.



- listed in ingredients) and brush onto the surfaces of each piece prepared in Step 7. (This will help make each piece come apart easier.)
- Remove the Kneading Blades, and place the dough from Step 8 randomly in the Baking Pan. Press the START button again.



OBe sure to remove the Kneading Blades.

Use any variations of fillings. However, avoid fillings with lots of liquid in them.

(These will have an effect on how the dough rises and bakes.)



## 45 Marble Bread

#### Suggested Cycle Times ① Knead all of the dough. (Refer to Step 3 on "How to Prepare".)

REST	KNEAD	SHAPE	RISE 1	RISE 2	RISE 3	BAKE	KEEP WARM	TOTAL
0:00	0:20	OFF	0:00	0:00	0:00	0:00	OFF	0:20

## Suggested Cycle Times 2 After kneading in the cocoa paste, perform the Shaping process, and bake. (Refer to Step 7 on "How to Prepare".)

REST	KNEAD	SHAPE	RISE 1	RISE 2	RISE 3	BAKE	KEEP WARM	TOTAL
0:00	0:10	(1:00)	0:45	0:25	1:00	1:00	OFF	3:20

15 HOMEN	MADE	TIMER		
300g (Approx. 300mL)	)	Water		
553g	4-1/4 cups	Bread Flour		
60g	5 Tbsp.	Sugar		
8g	2 Tbsp.	Dry Milk		
10g	2 tsp.	Salt		
35g	2-1/2 Tbsp.	Unsalted Butter		
6g	2 tsp.	Rapid Rise Yeast		
Sprinkling Flour				
As needed		Bread Flour		
Cocoa Paste				
15g	3 Tbsp.	Unsweetened Cocoa Powder	Combine	
30g (Approx, 30mL)	2 Tbsp.	Water	mix well.	
4g	1 tsp.	Vegetable Oil		



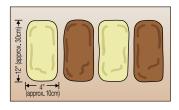
#### How to Prepare

- Add the ingredients except

  Sprinkling Flour and

  Cocoa Paste to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No.
- 3 Set Suggested Cycle Times ① using the CYCLE button and the TIME SETTING button, and press the START button.
- 4 When the Complete Beep sounds, press the CANCEL button, and remove the dough from the Baking Pan.
- 5 Sprinkle working surface with flour, and divide the dough into 2 equal pieces and shape into balls.
- 6 Press the COURSE button to select the Course No.
- 7 Set Suggested Cycle Times ② using the CYCLE button and the TIME SETTING button.
  - **○Set the SHAPE cycle to "1:00".**

- 8 Put one of the dough balls from Step 5 into the Baking Pan, along with the cocoa paste, and then press the START button to make the cocoa dough.
  - Divide the remaining dough ball (white dough) from Step 5 into 2 equal pieces. Cover with a cloth and allow to rest.
- 9 When the SHAPE Beep sounds, remove the cocoa dough from the Baking Pan. Divide the dough into 2 equal pieces and shape into balls.
- 10 Use a rolling pin to roll out the 2 pieces of white dough allowed to rest in Step 8 into 12" × 4" (approx. 30cm × 10cm) rectangles. Roll out the 2 pieces of cocoa dough from Step 9 the same way.



- 11 Place each piece of the cocoa dough on top of the white dough.
- 12 Roll the dough from the near end, and when completely rolled, seal the end firmly.
- 13 Attach the Kneading Blades to the Baking Pan, and put the dough from Step 12 seam-side down in the Pan. Press the START button again.

(If you do not attach the Kneading Blades, there will be no marbled pattern.)



## 46 Mini White Bread

#### Suggested Cycle Times

REST	KNEAD	SHAPE	RISE 1	RISE 2	RISE 3	BAKE	KEEP WARM	TOTAL
0:18	0:22	OFF	0:20	0:00	0:45	1:00	OFF	2:45

15 HOMEM	IADE	<b>N</b> TIMER
240g (Approx. 240mL)		Water
406g	3 cups + 2 Tbsp.	Bread Flour
36g	3 Tbsp.	Sugar
6g	1-1/2 Tbsp.	Dry Milk
7.5g	1-1/2 tsp.	Salt
28g	2 Tbsp.	Unsalted Butter
3g	1 tsp.	Rapid Rise Yeast

#### How to Prepare

- 1 Add the ingredients to the Baking Pan in the order listed.
- 2 Press the COURSE button to select the Course No.
- 3 Set Suggested Cycle Times using the CYCLE button and the TIME SETTING button, and press the START button.





Mini White Bread is ideal for sandwiches and the like. Choose your favorite ingredients and enjoy.

#### 47 Meatloaf Miracle

#### Suggested Cycle Times

REST	KNEAD	SHAPE	RISE 1	RISE 2	RISE 3	BAKE	KEEP WARM	TOTAL
0:00	0:00	OFF	0:00	0:00	0:00	1:10	OFF	1:10

#### (Makes 4 servings)

(Wakes 1 serving							
15 HOMEN	IADE	<b>TIMER</b>					
120g	1 cup	Onion (chopped)					
600g	1.3 lbs.	Ground Sirloin					
47g	⅔ cup	Mushroom (chopped)					
2.5g	$\frac{1}{2}$ tsp.	Salt					
As needed		Fresh Parsley (chopped)					
1.5g	$\frac{1}{2}$ tsp.	Garlic Powder					
As needed		Coarse Black Pepper					
87g	⅔ cup	Bread Crumbs					
100g	2	Large Eggs (beaten)					
Glaze							
126g	½ cup	Tomato Ketchup					
8g	1 Tbsp.	Brown Sugar					
5a	1 tsp.	Prepared Mustard					

- 1 Put the ingredients except Glaze in a large bowl and mix well.
- 2 Remove the Kneading Blades and lightly press the mixture from Step 1 into the Baking Pan to fill the corners.
- 3 Press the COURSE button to select the Course No.



- 4 Set Suggested Cycle Times using the CYCLE button and the TIME SETTING button, and press the START button.
- 5 When the Complete Beep sounds, remove the Baking Pan and allow to cool slightly, remove excess fat and remove from Baking Pan.
- 6 Place the ingredients from Glaze in a microwave-safe container and microwave them on HIGH for 50 seconds. Mix well.
- Microwave for another 40 seconds and mix well.
- 8 Pour the glaze from Step 7 on top of the meatloaf.

## 48 Homemade Pasta

#### Suggested Cycle Times

REST	KNEAD	SHAPE	RISE 1	RISE 2	RISE 3	BAKE	KEEP WARM	TOTAL
0:00	0:20	OFF	0:00	0:00	0:00	0:00	OFF	0:20

#### (Makes 4 servings)

		(manes resimings)					
15 HOMEM	IADE	<b>TIMER</b>					
160g	1 cup	Semolina Flour					
130g	1 cup	All Purpose Flour					
60g (Approx, 60mL)	4 Tbsp.	Water					
5g	1 tsp.	Salt(completely dissolved in water)	A				
100g	2	Large Eggs (beaten)					
12g	1 Tbsp.	Olive Oil					
Sprinkling Flour							
As needed		All Purpose Flour					

#### How to Prepare

- 1 Combine the ingredients from (A).
- 2 Add the ingredients except Sprinkling Flour to the Baking Pan in the order listed.
- 3 Press the COURSE button to select the Course No.
- 4 Set Suggested Cycle Times using the CYCLE button and the TIME SETTING button, and press the START button.
- When the Complete Beep sounds, remove the dough from the Baking Pan. Divide the dough into 4 equal pieces and shape into balls. Wrap the balls in plastic wrap and allow to rest for about 1 hour in the refrigerator.



- Sprinkle working surface liberally with flour, and use a rolling pin to roll out the dough from Step 5 to a thickness of \(\chi\_6\)" (approx. 2mm).
- 7 Sprinkle the surface of the dough from Step 6 liberally with flour, fold into thirds, and cut into ½" (approx. 3mm) width.
- 8 Separate the pasta noodles from Step 7 and boil in a pot full of boiling water (not listed in ingredients) with salt (not listed in ingredients) until it reaches the preferred firmness. (Estimated boiling time: about 5 minutes.)
- When the pasta is cooked, drain and toss with olive oil (not listed in ingredients) to prevent from sticking.

## **49** Tomato Pasta

#### Suggested Cycle Times

REST	KNEAD	SHAPE	RISE 1	RISE 2	RISE 3	BAKE	KEEP WARM	TOTAL
0:00	0:20	OFF	0:00	0:00	0:00	0:00	OFF	0:20

#### (Makes 4 servings)

15 HOMEN	IADE	<b>◯</b> TIMER					
160g	1 cup	Semolina Flour					
130g	1 cup	All Purpose Flour					
46g	3 Tbsp.	Tomato Puree					
38g (Approx. 38mL)	2-1/2 Tbsp.	Water					
5g	1 tsp.	Salt (completely dissolved in water)	(A)				
100g	2	Large Eggs (beaten)					
12g	1 Tbsp.	Olive Oil					
Sprinkling Flour							
As needed		All Purpose Flour					

For How to Prepare, refer to "Homemade Pasta".



Pasta dough dries out very easily.

Work on (roll out, cut, and boil) the dough as soon as it is done.

Wrap any dough that you will not roll out in plastic wrap to keep it from drying out.



## 50 Gluten Free Dinner Bread

#### Suggested Cycle Times

RI	EST	KNEAD	SHAPE	RISE 1	RISE 2	RISE 3	BAKE	KEEP WARM	TOTAL
0	:00	0:20	OFF	0:20	0:20	0:00	0:00	OFF	1:00

(Makes 12)

15 HOMEN	IADE	<b>TIMER</b>	
300g (Approx. 300mL)		Milk	
150g	3	Large Eggs (beaten)	
5g (Approx. 5mL)	1 tsp.	Lemon Juice	
293g	2-1/4 cups	Brown Rice Flour	
80g	½ cup	Potato Starch	
65g	½ cup	Tapioca Powder (	<u>A</u>
8g	1 Tbsp.	Xanthan Gum	
60g	5 Tbsp.	Sugar	
7.5g	1-1/2 tsp.	Salt	
85g	3.0 oz.	Unsalted Butter	
6g	2 tsp.	Rapid Rise Yeast	
Egg Glaze			
50g	1	Large Egg (beaten)	rod.
15g (Approx. 15mL)	1 Tbsp.	Water	eu

OHave 12 muffin cups ready.

- 1 Mix the ingredients from A well in a large bowl.
- 2 Add the ingredients except Egg Glaze to the Baking Pan in the order listed.
- 3 Press the COURSE button to select the Course No.
- 4 Set Suggested Cycle Times using the CYCLE button and the TIME SETTING button, and press the START button.
- When the Add Beep sounds, thoroughly scrape down the flour and other ingredients from the sides of the Baking Pan to the bottom using a rubber spatula. Close the Lid.
- When the Complete Beep sounds, remove the dough from the Baking Pan using a rubber spatula.
- 7 Lightly grease the muffin cups with vegetable oil (not listed in ingredients). Evenly place the dough into the cups and smooth out the tops.
- 8 Place the muffin cups from Step 7 onto a baking tray, and allow the dough to rise in a warm place (95°F / 35°C) for about 40 minutes or until size doubles.
- 9 Brush with **Egg Glaze** and bake in an oven preheated to 375°F (191°C) for about 15 minutes.
- 10 When the bread is done baking, take the muffin cups out of the oven and let them sit for about 10 minutes to cool down.
- 11 Remove the bread from the muffin cups and transfer them to a cooling rack, etc. to cool completely.

# RECIPE BOOK

Home Bakery Virtuoso® Plus Breadmaker



